

DELI (ready to go)
v vegetarian vgn vega gf gluten freen nuts 24-hr special order

Hummus- Original, Roasted Red Pepper, Spinach, Buffalo, Jalapeno or Avocado Cilantro(4.50), Hot Pepper, Spinach-artichoke, Ranch, Edamame(4.50), & Black Bean. v, vgn, gf from \$4.00-4.50

Tabouli- Parsley, tomatoes, onions, bulgur wheat or quinoa, & spices. (Special order quinoa for GF (gluten free) option) v,vgn \$8.00/lb

Shankleesh- Spicy cubed Feta cheese, tomatoes, onions, parsley, & spices. (Great as a side, or mix in your burger meat before grilling) gf, v \$4.00

Baba Ghanouj- Roasted eggplant, garlic, & tahini blended together. \$4.00

Garden Lentil- Lentils, green peppers, onions, and shredded carrots in homemade garlic paste. (Great as a side or over rice) v, vgn, gf \$4.00

Foul Mudammas- Fava beans, chickpeas, tomatoes, onions, and parsley in homemade garlic paste. (Satisfy your hunger, high in both protein and fiber) v, vgn, gf \$4.00

Orzo Pasta Salad- Orzo, cucumbers, red onions, and feta cheese in a light lemon vinaigrette. (Compliments any meal, great catering bowl) v \$4.00

Couscous Salad- Pearl pasta, green onions, roasted red peppers, feta cheese & toasted almond slivers in a basil vinaigrette. v, n \$4.00

Loube- Sautéed onions and garlic, tomato fillets, and green beans. v, vgn, gf \$4.00

Summer Quinoa (superfood)- Refreshing and light quinoa, cranberries, pineapple, green onions & toasted almond slivers in a white wine vinaigrette. v, vgn, gf, n \$4.50

Grape leaves: Meat or Veggie- Sold by the pound. Add a side of Tahini sauce or laban yogurt .50. v, vgn, gf \$9.00/lb

Labne yogurt- Probiotic yogurt for digestive health. (Start your morning by spreading on pita or substituting for sour cream) v, gf \$2.75

Kibbee- 2 Beef shaped footballs stuffed with ground beef, onions, pinenuts, and spices) Meat lovers delight. Made with bulgur wheat. n \$6.00

Tahini/ Tzatziki/ Garlic Sauce/ Peppery Feta- Sauces that compliment any meat, vegetable or rice plate. \$4.99

Mediterranean Greens- Garlic based greens with a kick. Special order gf \$4.50

Buffalo Chicken Dip- White chicken, cream cheese & cheddar in hot sauce gf \$4.00

Garlic Chicken Dip-Shredded chicken, garlic, parmesan cheese, and spices in a sour cream-cream cheese base. gf \$4.00

Mujadara- Pilaf of rice, lentils and caramelized onions. Special order v, vgn, gf \$4.50

Falafel- Three patties made with ground fava & chickpeas with spices v,vgn,gf \$2.59

DELI (ready to go) continued

Beer Cheese Dip- Cream cheese dip flavored with a light lager beer v \$4.00

Italian Vegetable Salad- Broccoli, cauliflower, carrots, black sliced olives, green pimento olives, and red yellow & green peppers in a homemade Italian dressing. v, vgn, gf\$4.50

Cabbage Salata- Red and white cabbage, tomatoes, onions, and olive oil with lemon and garlic. v, vgn, gf \$4.00

Spicy Quinoa (superfood)- Quinoa with jalapenos, cucumbers, and tomatoes with a cilantro lemon vinaigrette dressing. v, vgn, gf \$4.50

Greek Pasta Salad- Orzo, red peppers, red onions, kalamata olives, parsley, tomatoes, and pepperoncini in a Greek vinaigrette. \$4.00

WRAPS All wraps- \$7.99 (unless otherwise listed)

Our Classic Gyro- Seasoned Gyro meat piled high, with lettuce, tomatoes, and onions with our famous cucumber sauce.

Buffalo Chicken- Grilled chicken drenched in Frank’s Red Hot, lettuce, onion, cheddar cheese and Bleu Cheese dressing.

Shawarma- Grilled chicken topped with romaine, tomatoes, onions, radishes, all with homemade tahini (sesame garlic) sauce. Great as a salad!

Gringo- Spiced grilled chicken with black bean hummus, jalapeños, lettuce, tomatoes, and onions topped with mozzarella cheese.

Grilled Chicken- Grilled chicken, lettuce, tomatoes and onions on a pita.

The MCC- Grilled chicken, red onions, shredded asiago cheese, and lettuce topped with homemade cilantro chimichurri sauce.

Chicken Pesto- Grilled chicken, basil pesto, roasted red pepper strips, lettuce and red onions topped with asiago cheese.

Mediterranean Chicken- Grilled chicken, lettuce, tomatoes, onions, feta, cucumbers, and olives with our famous cucumber sauce.

Sesame Chicken- Grilled chicken and lettuce drizzled with our soy-rice wine vinaigrette, with onions and toasted vermicelli and sesame seeds.

Feta is Betta- Grilled chicken combined with our Shankleesh spread, lettuce, tomatoes, and onions.

Bourbon Chicken- Chicken glazed in bourbon sauce with lettuce, tomatoes, and onions.

Garlic Chicken Salad –Our chicken salad with sunflower seeds, cheddar cheese, red onions, cucumbers, and romaine lettuce.

Eggplant Roasted Red Pepper- Chicken topped with Baba Ghanoush (eggplant) and roasted red pepper strips, red onions, and lettuce.

WRAPS All wraps- \$7.99 (unless otherwise listed) (continued)

Syrian Chicken & Rice- Sautéed chicken and onions in Syrian spice over rice and romaine, topped with crumbled feta cheese.

‘One Hot Mamma’ (spicy)- Grilled chicken topped with a saracha chili pepper cream cheese spread with mozzarella, jalapenos, lettuce, tomatoes, and onions

Twisted Barbacoa- Shredded beef with fresh Pico de Gallo, mozzarella cheese, and a dollop of sour cream. Rice bowl \$8.99 \$8.99

Vegetarian Wraps-----

Foofo’s Falafel- Falafel (veggie burger) patties, lettuce, tomatoes, pickles or turnips, and onions topped with tahini (sesame) sauce.

Joe’s Green and Gold- A winning combination of tabouli and original hummus. \$6.99

Labne - Plain probiotic all natural yogurt, cucumber, olive oil and crushed mint. \$6.99

Veggie- Hummus topped with green leaf, cucumbers, tomatoes, red onions, and olives.

RICEBOWLS Rice bowls - \$7.99 (unless otherwise listed)

Buffalo Chicken- Our buffalo chicken wrap heated and served on top of rice.

Syrian Chicken & Onions- A special blend of spices added to chicken and onions, and sautéed lightly... Topped with crumbled feta cheese over romaine and rice.

Gringo- The wrap is transformed into this rice bowl!

Gyro- It’s a Gyro in a bowl and its delicious!

Loube- Green bean stew with sautéed onions & garlic served over a bed of hot rice 6.99

SALADS All salads- \$7.99 (unless otherwise listed)

Cranberry Pecan Salad- Chicken strips topped with green leaf lettuce, feta cheese, sliced red onions, cranberries, & our own pecan-peanut crunch with raspberry vinaigrette.

Greek Salad- Crumbled feta cheese, tomatoes, onions, cucumbers, olives, and green leaf lettuce with our homemade Greek dressing. \$7.50

Gyro Salad- Green leaf lettuce, tomatoes, onions and crumbled feta cheese with gyro meat with a side of our own cucumber sauce and pita wedges.

Fattoush Salad- Green leaf lettuce, red onions, tomatoes, cucumbers, topped with pita chips and fattoush dressing (sumac, olive oil, vinegar, spices). \$7.50

Supersized “Junk Salad”– Green leaf, mozzarella, tomatoes, onions, olives, cucumbers, choice of meat (chicken, gyro), choice of dressing (Greek, ranch, blue cheese, raspberry), topped with gluten free blue corn chips. \$11.99

Zaatar Chicken Salad- Zaatar seasoned shredded chicken w/ sliced red onions, toasted almonds & crumbled feta cheese over a bed of green leaf served w/ honey-basil vinaigrette.

Handmade Oven Baked Pies, Rolls, Open Face Pizzas

Tasty and easy for school or work lunches or late night munchies!

Pies 2ct \$3.99

Spinach, Spinach-Feta, Meat, Pepperoni & Cheese, Potato & Cheese, Pepper & Egg ,and Buffalo Chicken filled pita pockets

Specialty Pies 2ct \$4.50

Spinach/Feta/Hot Peppers, Gyro (with cucumber sauce) filled pita pockets

Rolls \$3.99

Tuscan Pepperoni

Open Face Pizzas 2ct \$3.99

Spicy Feta, Spinach & Feta, Pepperoni & Cheese, Zaatar (oregano, thyme, sesame)

Dipping Chips & Breads

Pita Chips/4.99, Flatbread Chips/4.99, & Gluten Free Crackers 3.25

Pita Bread/3.29 Mini Thin Bread/ 3.89

Soups: \$4.95

Call ahead to see soup of the day. Seasonal

Beverages:

Pepsi products /1.50 Water/1.50 Sparkling Waters/1.90 Teas/1.90 Gatorade/1.90

Organic Raw Kombucha's/3.99

Desserts:

Baklava 2pc/ 3.00 Baklava 12pc/ 12.50

Kids Block: \$4.99

Kids Any pocket(2ct) or roll, grilled cheese melt on pita, or grilled chicken with rice. Includes kids organic juice box or water.

Family Style Kits Feeds 4-5 people/ buffet style

Gyro \$40.00

Twisted barbacoa \$42.00

Gringo \$38.00

Buffalo Chicken \$38.00

*Any wrap can be turned into family kit

ASK ABOUT:

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